



Women's Swimming & Diving Weekly Report Wednesday, Oct. 22, 2008

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WEEK 2

COASTAL COLLEGIATE SWIMMING ASSOCIATION

THIS WEEK'S SCHEDULE
<p>Friday, Oct. 24 NORTH CAROLINA A&T at DAVIDSON5:00PM</p> <p>Saturday, Oct. 25 VMI, N.C. A&T at GARDNER-WEBB9:00am Florida Int'l at FLORIDA GULF COAST11:00am CAMPBELL and Miami at Duke1:00pm RADFORD at James Madison1:00pm COLLEGE OF CHARLESTON at DAVIDSON2:00pm</p>

LAST WEEK'S RESULTS
<p>Friday, Oct. 17 at East Carolina 176, DAVIDSON 113</p> <p>Saturday, Oct. 18 at FLORIDA GULF COAST 161, CAMPBELL 95 SCAD 186, COLLEGE of CHARLESTON 75 at GSU 203, COLLEGE of CHARLESTON 58 GSU 161, SCAD 100 at Marshall 185, RADFORD 79</p>

SWIMMER OF THE WEEK
<p>ALI CAMPBELL Sophomore • Georgia Southern Alberta, Canada</p>
<p>Campbell had an outstanding performance last weekend, winning the 1000 yard freestyle event with a school record time of 10:26.05, shaving eight seconds off the old record. Campbell also finished first with a time of 1:56.04 in the 200-yard freestyle and placed second in the 500 yard freestyle with a mark of 5:10.60. Concluding the competition, Campbell and the GSU A relay team won the 200 yard freestyle relay with a time of 1:39.36.</p>

CCSA SWIMMERS OF THE WEEK	
Oct. 8	<p>Swimmer: Rosy Murray, Fr., FGCU 1st - 1000 Yd. Freestyle, 10:24.80 1st - 500 Yd. Freestyle, 5:05.34 1st - 400 Yd. IM, 4:26.68</p>
Oct. 15	<p>Swimmer: Ashlyn Stumpf, So., Campbell 1st - 50 Yd. Freestyle, 25.09 1st - 100 Yd. Freestyle, 54.81 200 Yd. Freestyle Relay</p>
Oct. 22	<p>Swimmer: Ali Campbell, So., Georgia Southern 1st - 1000 Yd. Freestyle, 10:26.05; school record 1st - 200 Yd. Freestyle, 1:56.04 2nd - 500 Yd. Yd. Freestyle 5:10.60 1st - 200 Yd. Freestyle Relay 1:39.36</p>

CCSA DIVERS OF THE WEEK	
Oct. 8	<p>Diver: Gaby Shaw, So., FGCU 1st - 1M., 229.45 5th - 3M., 172.30</p>
Oct. 22	<p>Diver: Katie Shaffer, Fr., Radford 4th - 1M, 175.43; broke 4-yr. old record 3rd - 3M, 204.68; broke 5-yr. old record</p>

DIVER OF THE WEEK
<p>KATIE SHAFFER Freshman • Radford Virginia Beach, Va.</p>
<p>Shaffer re-wrote the Radford diving records over the weekend. She broke a five year and four year record with her dives on Saturday. Shaffer shattered a five-year old three-meter record by 40 points to place third with a score of 204.68. She broke a four-year old one-meter record by eight points, and placed fourth with a score of 175.43.</p>

What is the CCSA?

The Coastal Collegiate Swimming Association is in its second year as a NCAA Division I men's and women's swimming and diving conference. Formed on July 10, 2007, the CCSA is comprised of schools from the Atlantic Sun Conference, the Big South Conference, the Mid-Eastern Atlantic Conference, and the Southern Conference. The 12 women's members are Campbell, College of Charleston, Davidson, Florida A&M, Florida Gulf Coast, Gardner-Webb, Georgia Southern, Howard, North Carolina A&T, North Florida, Radford, and VMI. The six men's swimming members are College of Charleston, Davidson, Florida A&M, Gardner-Webb, Howard, and VMI.

The CCSA Championship meet will be held Feb. 19-21, 2008, at the Gabrielsen Natatorium in Athens, Ga. For more information about the CCSA, visit <http://www.bigsouthsports.com/fls/4800/CCSAswimming/index2.htm>.

NOTES FROM LAST WEEK

CAMPBELL (2-1)

After beginning the season with a pair of conference wins, Campbell dropped their first conference contest of the year to Florida Gulf Coast 161-95 on Saturday afternoon at the FGCU Aquatics Center. Campbell falls to 2-1 on the season while FGCU improves to 2-3 for the year ... Heidi Shallow had another phenomenal performance as she won in all three events she swam. She started her afternoon off with a win in the 100-breast with a time of 1:07.77. She followed that up with a victory in the 200-breast. Her time of 2:26.43 was almost three seconds better than second place ... The Camels return to action to face Duke and Miami at 1 p.m. in the Taishoff Aquatic Pavilion on the campus of Duke University Oct. 25.

COLLEGE OF CHARLESTON (0-2)

The College of Charleston swimming and diving program kicked off the 2008-09 season at the Savannah College of Art & Design Duals on Saturday, October 18. Sara Gardocki placed first in the 500-yard Freestyle with a time of 5:08.20 and took second in the 1,000-yard Freestyle with a mark of 10:29.66. Senior Morgan Hall claimed a narrow victory by a tenth of a second in the 100-yard Butterfly, notching a time of 59.50, while sophomore Megan Sayles (Winston-Salem, N.C.) added a second place finish 200-yard Backstroke with a mark of 2:13.38 ... The College of Charleston women's team dropped a pair of decisions, 203-58 to Georgia Southern and 186-75 to SCAD ... Both programs will be back in action when they hit the pool at Davidson's Charles A. Cannon Center on Oct. 25. Charleston will take on the Wildcats at 2:00 p.m.

DAVIDSON (0-2)

Returning to action after a weekend off, the sophomore women continued to dominate the competition, as the teams competed in a dual-meet at Eastern Carolina University Friday night ... Sophomore **Lindsey Martin** turned in another solid effort, swimming her fastest unrested 50 free, finishing first with a time of 23.65, and leading off the 200 medley relay, which finished third, with a strong split. Classmates **Jessica Delgehausen** and **Emily Castle** also had good meets. Castle finished second in the 100 fly with a time of 57.87, just two tenths off her rested school record, and Delgehausen finished second in the 500 freestyle with a time of 5:07.27 ... The Wildcats will return to action next weekend, opening the home season by hosting CCSA-foe N.C. A&T Friday, Oct. 24 at 5:00pm and College of Charleston on Saturday at 2:00 pm.

Florida A&M (0-0)

Did not compete ... The Rattlers will open their season Nov. 1, at Florida State at 11:00am.

FLORIDA GULF COAST (2-3)

The FGCU Eagles continued their success in the pool with a victory over conference opponent Campbell with a score of 161 to 95. FGCU finished first in nine of the 16 events on the day after storming off the blocks with a first, second, and third place sweep of the opening event, the 200 yard Medley Relay ... Junior **Margie Chamberlin** continued her personal success in pacing the Eagles with a first place finish in both the 100 Butterfly (57.30) and 200 Butterfly (2:05.02) ... Freshman **Leah Daniel** also swam an excellent meet finishing more than 50 meters ahead of the rest of the field in the 1000 Freestyle with a time of 10:46.65 ... FGCU divers competed in an exhibition where sophomore **Gaby Shaw** posted the best score on the 1 meter board (221.32) and sophomore **Sarah McCullough** scored a 215.78 to lead the Eagles on the 3 meter board ... The Eagles will be back in action next Saturday, Oct. 25, when they take on in state rival Florida International at the FGCU Aquatics Center at 11:00am.

GARDNER-WEBB (0-0)

Did not compete ... The Bulldogs will open their season Saturday, Oct. 25 when GWU hosts VMI and North Carolina A&T at 9:00am.

GEORGIA SOUTHERN (3-1)

The Eagles defeated the College of Charleston 203-58 and Savannah College of Art and Design 161-100 Saturday afternoon in Savannah ... **Ali Campbell** (Ft. McMurray, Alberta) won the 1000 yard freestyle event with a time of 10:26.05. She set a new school record in the event. The previous best time was 10:34.35 ... **Nikki Hutchison** (Kennesaw, Ga.) won the 1-meter diving event held at the RAC in Statesboro, Ga. and **Katie Creighton** (Snellville, Ga.) won the 3-meter diving event ... The Lady Eagles return to action November the 14th against Gardner-Webb at 6:00pm.

HOWARD (0-2)

Did not compete ... The Bison will return to action on Nov. 1 with a home duel meet between Gardner-Webb and Savannah College of Art and Design.

NORTH CAROLINA A&T(0-0)

Did not compete ... The Aggies will open their season Oct. 25 at Gardner-Webb at 9:00am.

NORTH FLORIDA (0-0)

Did not compete ... The Ospreys will open their season Nov. 7 hosting North Carolina A&T at 10:00am.

RADFORD (0-3)

Freshman **Katie Shaffer** (Virginia Beach, Va. /Ocean Lakes) is reshaping the Radford diving records. Shaffer broke the three-meter diving record that has stood for five years and the one-meter diving record that has been around for four years ... In the pool, freshmen **Alexa Sears** (Newport News, Va. /Menchville) out touched Marshall's Susan Velte by twenty-four tenths of a second to capture second place in the 100-yard backstroke. Junior **Lauren Wensel** (Christiansburg, Va. /Christiansburg) and freshman **Ashley Maness** (Conway, S.C./Carolina First) finished third and fourth in the 1,000-yard freestyle respectively ... The Highlanders will be back in action on Oct. 25 when they face in-state rival James Madison at 1:00pm.

VMI (0-1)

Did not compete ... The Keydets will return to action, traveling to Gardner-Webb Oct. 25.

50 Yard Freestyle

1. Lindsey Martin, 23.65, Davidson
2. Lindsey Martin, 24.47, Davidson
3. Zinga Murphy, 24.95, Howard
4. Ashlyn Stumpf, 24.95, Campbell
5. Courtney Martz, 25.00, Georgia Southern
6. Rachael Rein, 25.03, FGCU
7. Ashlyn Stumpf, 25.09, Campbell
8. Katelyn Woolfolk, 25.16, Georgia Southern
9. Emily Castle, 25.20, Davidson
10. Vicky Cadge, 25.21, FGCU
11. Margrete Ulvestad, 25.39, FGCU
12. Katelyn Woolfolk, 25.46, Georgia Southern
13. Teri Lytle, 25.49, FGCU
14. Morgan Hall, 25.61, College of Charleston
15. Taylor Lipniskis, 25.63, FGCU
16. Courtney Sanders, 25.65, Davidson

100 Yard Freestyle

1. Lindsey Martin, 52.52, Davidson
2. Vicky Cadge, 53.34, FGCU
3. Lindsey Martin, 53.73, Davidson
4. Vicky Cadge, 53.91, FGCU
5. Margrete Ulvestad, 54.13, FGCU
6. Leah Daniel, 54.31, FGCU
7. Caroline Bevilard, 54.34, Georgia Southern
8. Taylor Cooke, 54.40, FGCU
9. Rachael Rein, 54.65, FGCU
10. Ashlyn Stumpf, 54.80, Campbell
11. Ashlyn Stumpf, 54.81, Campbell
12. Laurie Stephens, 55.16, Georgia Southern
13. Ashley White, 55.57, Georgia Southern
14. Laurie Stephens, 55.81, Georgia Southern
15. Katelyn Woolfolk, 55.81, Georgia Southern
16. Teri Lytle, 55.89, FGCU

200 Yard Freestyle

1. Anna Stringfield, 1:54.85, Davidson
2. Rosy Murray, 1:54.97, FGCU
3. Lindsey Martin, 1:55.29, Davidson
4. Margie Chamberlin, 1:55.50, FGCU
5. Ali Campbell, 1:56.04, Georgia Southern
6. Vicky Cadge, 1:56.17, FGCU
7. Rachael Rein, 1:56.25, FGCU
8. Margrete Ulvestad, 1:56.27, FGCU
9. Caroline Bevilard, 1:56.30, Georgia Southern
10. Leah Daniel, 1:56.65, FGCU
11. Jackie Kenline, 1:57.10, Campbell
12. Jessica Delgehausen, 1:57.23, Davidson
13. Jackie Kenline, 1:57.63, Campbell
14. Jessi Delgehausen, 1:57.71, Davidson
15. Teri Lytle, 1:57.85, FGCU
16. Leah Daniel, 1:58.22, FGCU

500 Yard Freestyle

1. Rosy Murray, 5:05.34, FGCU
2. Jessi Delgehausen, 5:07.27, Davidson
3. Anna Stringfield, 5:08.03, Davidson
4. Sara Gardocki, 5:08.20, College of Charleston
5. Leah Daniel, 5:09.15, FGCU
6. Taylor Cooke, 5:09.55, FGCU
7. Taylor Cooke, 5:10.27, FGCU
8. Leah Daniel, 5:10.46, FGCU
9. Ali Campbell, 5:10.60, Georgia Southern
10. Taylor Cooke, 5:10.71, FGCU
11. Teri Lytle, 5:12.02, FGCU
12. Rosy Murray, 5:12.97, FGCU
13. Alanna Ream, 5:13.48, Davidson
14. Lauren Parr, 5:14.39, Georgia Southern
15. Courtney Gallo, 5:14.93, FGCU
16. Jackie Kenline, 5:16.53, Campbell

1000 Yard Freestyle

1. Rosy Murray, 10:24.80, FGCU
2. Ali Campbell, 10:26.05, Georgia Southern
3. Sara Gardocki, 10:29.66, College of Charleston
4. Taylor Cooke, 10:31.28, FGCU
5. Alanna Ream, 10:32.63, Davidson
6. Lauren Parr, 10:37.11, Georgia Southern
7. Rosy Murray, 10:37.40, FGCU

8. Meagan Madden, 10:37.65, Davidson
9. Courtney Gallo, 10:37.97, FGCU
10. Alanna Ream, 10:42.33, Davidson
11. Meagan Madden, 10:43.21, Davidson
12. Courtney Gallo, 10:46.25, FGCU
13. Leah Daniel, 10:46.65, FGCU
14. Caitlin Sheetz, 10:48.29, Davidson
15. Caitlin Sheetz, 10:49.96, Davidson
16. Chase Montaganet, 10:56.30, Co. of Charleston

1650 Yard Freestyle

N/A

100 Yard Breaststroke

1. Heidi Shallow, 1:07.17, Campbell
2. Catrina Silveira, 1:07.59, FGCU
3. Heidi Shallow, 1:07.77, Campbell
4. Catrina Silveira, 1:08.09, FGCU
5. Ashley White, 1:08.30, Georgia Southern
6. Emily Michael, 1:08.62, Campbell
7. Kristin Butts, 1:10.24, Georgia Southern
8. Lauren Parr, 1:10.53, Georgia Southern
9. Kristin Butts, 1:10.60, Georgia Southern
10. Shannon Carlin, 1:11.15, FGCU
11. Emily Michael, 1:11.29, Campbell
12. Taylor McCauley, 1:11.49, Campbell
13. Kristin Celii, 1:11.52, Georgia Southern
14. Casey Umberger, 1:11.65, Campbell
15. Kelli Novak, 1:11.64, FGCU
16. Kristin Celii, 1:11.69, Georgia Southern

200 Yard Breaststroke

1. Vicky Cadge, 2:26.14, FGCU
2. Heidi Shallow, 2:26.43, Campbell
3. Ashley White, 2:28.07, Georgia Southern
4. Catrina Silveira, 2:28.78, FGCU
5. Catrina Silveira, 2:28.93, FGCU
6. Leah Daniel, 2:29.11, FGCU
7. Catrina Silveira, 2:32.19, FGCU
8. Shannon Carlin, 2:33.33, FGCU
9. Shannon Carlin, 2:33.40, FGCU
10. Kristin Butts, 2:33.42, Georgia Southern
11. Kristen Haudenschild, 2:33.45, Georgia Southern
12. Kristin Celii, 2:35.23, Georgia Southern
13. Shannon Carlin, 2:35.23, FGCU
14. Ineke Stegger, 2:35.26, Davidson
15. Ineke Stegger, 2:36.28, Davidson
16. Emily Michael, 2:37.06, Campbell

100 Yard Butterfly

1. Margie Chamberlin, 56.96, FGCU
2. Margie Chamberlin, 57.30, FGCU
3. Emily Castle, 57.87, Davidson
4. Rosy Murray, 58.84, FGCU
5. Alessandra Cianci, 58.95, FGCU
6. Morgan Hall, 59.50, College of Charleston
7. Lauren Parr, 59.60, Georgia Southern
8. Emily Castle, 59.64, Davidson
9. Courtney Martz, 1:00.04, Georgia Southern
10. Courtney Sanders, 1:00.31,
11. Alessandra Cianci, 1:00.38, FGCU
12. Teri Lytle, 1:00.78, FGCU
13. P.J. Jimenez, 1:00.82, Campbell
14. Courtney Sanders, 1:01.16, Davidson
15. Caroline Bevilard, 1:01.23, Georgia Southern
16. Jessica Delgehausen, 1:01.59, Davidson

200 Yard Butterfly

1. Margie Chamberlin, 2:02.93, FGCU
2. Margie Chamberlin, 2:03.85, FGCU
3. Margie Chamberlin, 2:05.02, FGCU
4. Alessandra Cianci, 2:07.53, FGCU
5. Alessandra Cianci, 2:08.05, FGCU
6. Lauren Parr, 2:09.39, Georgia Southern
7. Lauren Kamperman, 2:10.86, Davidson
8. Alanna Ream, 2:10.93, Davidson
9. Casey Gemunder, 2:11.31, Davidson
10. Taylor Cooke, 2:11.73, FGCU
11. Lauren Kamperman, 2:13.14, Davidson

12. Clare Sweeney, 2:14.09, College of Charleston
13. Casey Gemunder, 2:15.09, Davidson
14. Jackie Kenline, 2:15.31, Campbell
15. Rachael Stockwell, 2:16.40, Georgia Southern
16. Mary Beth Dellinger, 2:16.88, Campbell

100 Yard Backstroke

1. Viktoria Hyddmark, 59.98, FGCU
2. Viktoria Hyddmark, 1:00.47, FGCU
3. Lindsay Goodman, 1:00.89, Georgia Southern
4. Courtney Martz, 1:00.63, Georgia Southern
5. Margrete Ulvestad, 1:01.22, FGCU
6. Anna Stringfield, 1:01.33, Davidson
7. Lindsay Goodman, 1:01.54, Georgia Southern
8. Megan Sayles, 1:01.87, College of Charleston
9. Margrete Ulvestad, 1:02.52, FGCU
10. Kelly Mullican, 1:02.64, Campbell
11. Ali Campbell, 1:03.02, Georgia Southern
12. Katy Loubris, 1:03.72, FGCU
13. Emily Castle, 1:03.85, Davidson
14. Alex Mitchell, 1:04.17, Georgia Southern
15. Kara Gerdeman, 1:04.31, Campbell
16. Ineke Stegger, 1:04.40, Davidson

200 Yard Backstroke

1. Rachael Rein, 2:04.67, FGCU
2. Viktoria Hyddmark, 2:06.73, FGCU
3. Viktoria Hyddmark, 2:07.32, FGCU
4. Viktoria Hyddmark, 2:07.39, FGCU
5. Rachael Rein, 2:07.52, FGCU
6. Anna Stringfield, 2:08.33, Davidson
7. Margrete Ulvestad, 2:09.22, FGCU
8. Lindsay Goodman, 2:09.97, Georgia Southern
9. Meagan Madden, 2:10.76, Davidson
10. Margrete Ulvestad, 2:12.22, FGCU
11. Megan Sayles, 2:13.38, College of Charleston
12. Meagan Madden, 2:14.49, Davidson
13. Katy Loubris, 2:16.26, FGCU
14. Kara Gerdeman, 2:16.48, Campbell
15. Sarah Bertram, 2:17.26, Davidson
16. Ineke Stegger, 2:17.66, Davidson

200 Yard Individual Medley

1. Rachael Rein, 2:10.24, FGCU
2. Rosy Murray, 2:10.67, FGCU
3. Lauren Parr, 2:12.32, Georgia Southern
4. Anna Stringfield, 2:12.53, Davidson
5. Heidi Shallow, 2:12.71, Campbell
6. Ali Campbell, 2:13.06, Georgia Southern
7. Caroline Bevilard, 2:13.59, Georgia Southern
8. Courtney McCarthy, 2:14.99, Georgia Southern
9. Lauren Kamperman, 2:15.08, Davidson
10. Emily Michael, 2:15.17, Campbell
11. Ashley White, 2:16.54, Georgia Southern
12. Heidi Shallow, 2:17.45, Campbell
13. Katy Loubris, 2:17.84, FGCU
14. Katy Loubris, 2:18.02, FGCU
15. Aminah Murphy, 2:18.36, Howard
16. Casey Umberger, 2:18.61, Campbell

400 Yard Individual Medley

1. Rosy Murray, 4:26.68, FGCU
2. Anna Stringfield, 4:37.54, Davidson
3. Lauren Kamperman, 4:38.22, Davidson
4. Ineke Stegger, 4:48.97, Davidson
5. Katy Loubris, 4:50.07, FGCU
6. Kiana Granville, 4:50.75, FGCU
7. Katie Oke, 4:54.67, FGCU
8. Lauren Paxton, 4:56.40, FGCU
9. Ashley Maness, 5:08.22, Radford

1-Meter Dive

1. Linnea Buttermore, 233.70, Davidson
2. Stephann McKinney, 229.41, Davidson
3. Linnea Buttermore, 213.38, Davidson
4. Karmin McNamara, 196.35, FGCU
5. Stephanie Young, 195.25, FGCU
6. Sarah McCollough, 191.20, FGCU
7. Stephanie McKinney, 179.93, Davidson
8. Katie Shaffer, 175.43, Radford

9. Alexa Marsden, 127.35, Radford

3-Meter Dive

1. Linnea Buttermore, 233.70, Davidson
2. Gaby Shaw, 229.45, FGCU
3. Stephann McKinney, 229.41, Davidson
4. Linnea Buttermore, 225.30, Davidson
5. Stephanie McKinney, 218.03, Davidson
6. Sarah McCollough, 206.80, FGCU
7. Katie Shaffer, 204.68, Radford
8. Sarah McCollough, 202.10, FGCU
9. Karmin McNamara, 201.40, FGCU
10. Sarah McCollough, 194.70, FGCU
11. Gaby Shaw, 177.60, FGCU
12. Gaby Shaw, 172.30, FGCU
13. Karmin McNamara, 166.65, FGCU
14. Stephanie Young, 166.30, FGCU
15. Stephanie Young, 158.35, FGCU
16. Alexa Marsden, 116.85, Radford

200 Yard Freestyle Relay

1. Davidson (A), 1:38.73
2. Georgia Southern (A), 1:39.36
3. Campbell (A), 1:40.28
4. Georgia Southern (A), 1:41.82
5. Georgia Southern (B), 1:42.01
6. Campbell (A), 1:42.72
7. Davidson (B), 1:42.78
8. College of Charleston (A), 1:43.09
9. Georgia Southern (B), 1:44.10
10. Campbell (B), 1:47.28
11. Radford (A), 1:47.64
12. Campbell (B), 1:47.79
13. Radford (A), 1:49.02
14. Radford (B), 1:51.21
15. Radford (B), 1:52.71
16. Radford (C), 1:53.50

400 Yard Freestyle Relay

1. FGCU (A), 3:33.92
2. Davidson (A), 3:39.52
3. FGCU (A), 3:41.12
4. FGCU (B), 3:43.70
5. FGCU (B), 3:51.20
6. Davidson (B), 3:54.35
7. FGCU (C), 3:58.24
8. Howard (A), 4:08.18

800 Yard Freestyle Relay

N/A

200 Yard Medley Relay

1. FGCU (A), 1:49.15
2. Georgia Southern (A), 1:49.15
3. Georgia Southern (A), 1:49.93
4. FGCU (A), 1:51.13
5. FGCU (B), 1:51.36
6. Georgia Southern (B), 1:52.72
7. Davidson (A), 1:52.94
8. College of Charleston (A), 1:54.03
9. Davidson (A), 1:54.47
10. Campbell (A), 1:54.57
11. FGCU (B), 1:54.57
12. Campbell (B), 1:56.32
13. Campbell (A), 1:56.84
14. Georgia Southern (B), 1:57.10
15. Radford (A), 1:57.25
16. College of Charleston (B), 1:59.03

400 Yard Medley Relay

1. FGCU (A), 3:55.50
2. FGCU (B), 4:12.23 \