



Davidson College - 2008 CCSA Champions

ANNUAL CHAMPIONS

SEASON	CHAMPION	POINTS	COACH
2008	Davidson	660	John Young

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2008 CCSA WOMEN'S SWIMMING & DIVING

ALL-CONFERENCE PERFORMERS

50 Yard Freestyle

1.	Lindsey Martin	Davidson	23.62
2.	Corey Hughey	Gardner-Webb	23.98
3.	Brittany Fieldson	College of Charleston	24.06

100 Yard Freestyle

1.	Lindsey Martin	Davidson	51.12
2.	Rachael Rein	Florida Gulf Coast	52.01
3.	Corey Hughey	Gardner-Webb	52.26

200 Yard Freestyle

1.	Lyn Ann Nelson	North Florida	1:52.45
2.	Lindsey Martin	Davidson	1:52.92
3.	Grace Whiteside	Gardner-Webb	1:52.99

500 Yard Freestyle

1.	Courtney Gallo	Florida Gulf Coast	4:58.76
2.	Heather Roka	Gardner-Webb	4:59.00
3.	Elizabeth Ketterer	Gardner-Webb	5:00.29

1650 Yard Freestyle

1.	Courtney Gallo	Florida Gulf Coast	16:56.58
2.	Elizabeth Ketterer	Gardner-Webb	17:05.94
3.	Alanna Ream	Davidson	17:08.63

100 Yard Breaststroke

1.	Stepheni Stadnik	Gardner-Webb	1:05.54
2.	Heidi Shallow	Campbell	1:06.11
3.	Mackenzie Garrot	Georgia Southern	1:06.55

200 Yard Breaststroke

1.	Heidi Shallow	Campbell	2:20.58
2.	Isabel Olivas	Gardner-Webb	2:23.64
3.	Catrina Silveira	Florida Gulf Coast	2:24.37

100 Yard Butterfly

1.	Whitney Hooley	Gardner-Webb	57.37
2.	Caroline Poling	North Florida	57.45
3.	Emily Castle	Davidson	57.88

200 Yard Butterfly

1.	Cori Lallier	Florida Gulf Coast	2:06.46
2.	Patricia Lanoue	North Florida	2:07.80
3.	Courtney Gallo	Florida Gulf Coast	2:08.34

100 Yard Backstroke

1.	Viktoria Hyddmark	Florida Gulf Coast	57.11
2.	Whitney Hooley	Gardner-Webb	58.02
3.	Corey Hughey	Gardner-Webb	58.10

200 Yard Backstroke

1.	Viktoria Hyddmark	Florida Gulf Coast	2:00.69
2.	Whitney Hooley	Gardner-Webb	2:03.29
3.	Anna Stringfield	Davidson	2:06.13

200 Yard Individual Medley

1.	Viktoria Hyddmark	Florida Gulf Coast	2:07.45
2.	Rachael Rein	Florida Gulf Coast	2:07.66
3.	Katie Oke	Florida Gulf Coast	2:08.31

400 Yard Individual Medley

1.	Anna Stringfield	Davidson	4:28.42
2.	Katie Oke	Florida Gulf Coast	4:29.50
3.	Heather Roka	Gardner-Webb	4:30.30

1-Meter Dive

1.	Emily Eisenhower	North Florida	236.25
2.	Karmin McNamara	Florida Gulf Coast	221.50
3.	Linnea Buttermore	Davidson	218.95

3-Meter Dive

1.	Emily Eisenhower	North Florida	266.90
2.	Karmin McNamara	Florida Gulf Coast	243.90
3.	Debbie Rapoza	North Florida	225.20

200 Yard Freestyle Relay

1.	Georgia Southern	1:35.65
	<i>Courtney Martz, Jennifer Clayton, Amanda Gerdman, Katelyn Woolfolk</i>	
2.	Davidson	1:36.35
	<i>Kirsten Allen, Lindsey Martin, Alexa Richardson, Emily Castle</i>	
3.	Gardner-Webb	1:36.85
	<i>Corey Hughey, Kelly Gueltig, Stepheni Stadnik, Rachel Warkentin</i>	

400 Yard Freestyle Relay

1.	Davidson	3:28.52
	<i>Courtney Sanders, Emily Castle, Anna Stringfield, Lindsey Martin</i>	
2.	Gardner-Webb	3:30.22
	<i>Corey Hughey, Kelly Gueltig, Rachel Warkentin, Whitney Hooley</i>	
3.	Georgia Southern	3:30.94
	<i>Courtney Martz, Amanda Gerdman, Ali Campbell, Caroline Bevilard</i>	

800 Yard Freestyle Relay

1.	Davidson	7:36.75
	<i>Anna Stringfield, Courtney Sanders, Caitlin Sheetz, Jessica Delgehausen</i>	
2.	Florida Gulf Coast	7:36.89
	<i>Taylor Cooke, Viktoria Hyddmark, Courtney Gallo, Rachael Rein</i>	
3.	Gardner-Webb	7:40.54
	<i>Grace Whiteside, Kelly Gueltig, Heather Roka, Elizabeth Ketterer</i>	

200 Yard Medley Relay

1.	Gardner-Webb	1:46.10
	<i>Whitney Hooley, Stepheni Stadnik, Rachel Warkentin, Corey Hughey</i>	
2.	Florida Gulf Coast	1:46.48
	<i>Viktoria Hyddmark, Catrina Silveira, Kris Pomerleau, Rachael Rein</i>	
3.	Georgia Southern	1:47.45
	<i>Lindsay Goodman, Ashley White, Kristen Haudenschild, Courtney Martz</i>	

400 Yard Medley Relay

1.	Florida Gulf Coast	3:51.88
	<i>Viktoria Hyddmark, Catrina Silveira, Cori Lallier, Rachael Rein</i>	
2.	Gardner-Webb	3:53.42
	<i>Whitney Hooley, Stepheni Stadnik, Rachel Warkentin, Corey Hughey</i>	
3.	Georgia Southern	3:54.87
	<i>Lindsay Goodman, Ashley White, Kristen Haudenschild, Ali Campbell</i>	

ALL-TIME CCSA WOMEN'S SWIMMING & DIVING

ALL-CONFERENCE HONORS

The top three finishers in each event is named All-Conference. The following lists All-Conference honorees by school. Event Champions indicated in bold italics

CAMPBELL

2008 Shallow, Heidi100 yard breast, 200 yard breast

COLLEGE OF CHARLESTON

2008 Fieldson, Brittany50 yard free

DAVIDSON

2008 Allen, Kirsten200 free relay
 Buttermore, Linnea1-meter dive
 Castle, Emily100 yard fly, 200 free relay, **400 free relay**
 Delgehausen, Jessica**800 free relay**
 Martin, Lindsay**50 yard free, 100 yard free**, 200 yard free, 200 free relay, **400 free relay**
 Ream, Alanna1650 yard free
 Richardson, Alexa200 free relay
 Sanders, Courtney**400 free relay, 800 free relay**
 Sheetz, Caitlin**800 free relay**
 Stringfield, Anna200 yard back, 400 yard im, **400 free relay, 800 free relay**

FLORIDA GULF COAST

2008 Cooke, Taylor.....800 free relay
 Gallo, Courtney**500 yard free, 1650 yard free**, 200 yard fly, 800 free relay
 Hyddmark, Viktoria**100 yard back, 200-yard back, 200 yard im**, 800 free relay, 200 medley relay, **400 medley relay**
 Lallier, Cori**200 yard fly, 400 medley relay**
 McNamara, Karmin.....1-meter dive
 Oke, Katie200 yard im, 400 yard im
 Pomerleau, Kris.....200 medley relay
 Rein, Rachael100 yard free, 200 yard im, 800 free relay, 200 medley relay, **400 medley relay**
 Silveira, Catrina.....200 yard breast, 200 medley relay, **400 medley relay**

GARDNER-WEBB

2008 Gueltig, Kelly200 free relay, 400 free relay, 800 free relay
 Hooley, Whitney**100 yard fly**, 200 yard back, **200 medley relay**, 400 medley relay
 Hughey, Corey50 yard free, 100 yard free, 100 yard fly, 200 free relay, 400 free relay, **200 medley relay**, 400 medley relay
 Ketterer, Elizabeth500 yard free, 1650 yard free, 800 free relay
 Olivas, Isabel200 yard breast
 Roka, Heather500 yard free, 400 yard im, 800 free relay
 Stadnik, Stepheni100 yard breast, 200 free relay, **200 medley relay**, 400 medley relay
 Whiteside, Grace200 yard free, 800 free relay
 Warkentin, Rachel200 free relay, 400 free relay, **200 medley relay**, 400 medley relay

GEORGIA SOUTHERN

2008 Bevallard, Caroline400 free relay
 Campbell, Ali.....400 free relay, 400 medley relay
 Clayton, Jennifer**200 free relay**
 Garrot, Mackenzie100 yard breast
 Gerdeman, Amanda**200 free relay**, 400 free relay
 Goodman, Lindsay.....200 medley relay, 400 medley relay
 Haudenschild, Kristen200 medley relay, 400 medley relay
 Martz, Courtney**200 free relay**, 400 free relay, 200 medley relay
 White, Ashley200 medley relay, 400 medley relay
 Woolfolk, Katelyn**200 free relay**

NORTH FLORIDA

2008 Eisenhower, Emily**1-meter dive, 3-meter dive**
 Lanoue, Patricia200 yard fly
 Nelson, Lyn Ann**200 yard free**
 Poling, Caroline100 yard fly
 Rapoza, Debbie3-meter dive

2008 WOMEN'S SWIMMING & DIVING INDIVIDUAL HONORS

ALL-ACADEMIC TEAM

Katherine Conely, Campbell
 Angela Crotser, Campbell
 Courtney Dail, Campbell
 Kara Gerdeman, Campbell
 Jaclyn Kenline, Campbell
 Danielle Leber, Campbell
 Taylor McCauley, Campbell
 Sarah McSpadden, Campbell
 Kelly Mullican, Campbell
 Heidi Shallow, Campbell
 Ashley Theodossiou, Campbell
 Kristin Thomas, Campbell
 Tamara Valcarcel, Campbell
 Alyssa Armstrong, Howard
 Polo Edwards, Howard
 Uchechukwuka Monu, Howard
 Aminah Murphy, Howard
 Khalilah Robinson, Howard
 Brittany Smith, Howard
 Jennifer Bajger, North Florida
 Megan Boudreau, North Florida
 Dana Constantino, North Florida
 Emily Eisenhower, North Florida
 Ashley Fernaays, North Florida
 Allison Fethe, North Florida
 Kristine Harms, North Florida
 Katrina Johnson, North Florida
 Patricia Lanoue, North Florida
 Charlene Nebera, North Florida
 Krysten Nemecek, North Florida
 Caroline Poling, North Florida
 Emily Shaw, North Florida
 Sara Taylor, North Florida
 Caroline Beviillard, Georgia Southern
 Ali Campbell, Georgia Southern
 Jennifer Clayton, Georgia Southern
 Katie Creighton, Georgia Southern
 Meredith Fehr, Georgia Southern
 Amanda Gerdeman, Georgia Southern
 Kristen Haudenschild, Georgia Southern
 Nicole Hutchison, Georgia Southern
 Kimberly Morris, Georgia Southern
 Jordyn Pasley, Georgia Southern
 Rachel Sale, Georgia Southern
 Stephanie Sheckler, Georgia Southern
 Britney Simons, Georgia Southern
 Cassandra Smith, Georgia Southern
 Katie Thompson, Georgia Southern
 Katelyn Woolfolk, Georgia Southern
 Taylor Cooke, Florida Gulf Coast
 Ashley Ferraro, Florida Gulf Coast
 Courtney Gallo, Florida Gulf Coast
 Sarah McCollough, Florida Gulf Coast
 Katelyn Oke, Florida Gulf Coast
 Teri Plotkin, Florida Gulf Coast
 Rachael Rein, Florida Gulf Coast
 Catrina Silveira, Florida Gulf Coast
 Viktoria Hyddmark, Florida Gulf Coast
 Sarah Ailsworth, College of Charleston
 Laura Brichler, College of Charleston
 Alexandria Clark, College of Charleston
 April Coyne, College of Charleston
 Brittany Dahn, College of Charleston
 Brittany Fieldson, College of Charleston
 Ashley Ivey, College of Charleston
 Susan MacGillivray, College of Charleston
 Piper McCord, College of Charleston

ALL-ACADEMIC TEAM

Johanna Mellis, College of Charleston
 Carol Moore, College of Charleston
 Megan Sayles, College of Charleston
 Megan Saylor, College of Charleston
 Kristen Simon, College of Charleston
 Cassandra Tubb, College of Charleston
 Alexis Butner, Radford
 Janelle Colie, Radford
 Morgan Hinson, Radford
 Erica Kappert, Radford
 Anna Milotte, Radford
 Megan Price, Radford
 Kyndal Spradlin, Radford
 Alexa Bernas, VMI
 Aasiya Townsell, North Carolina A&T State
 Signe Waldbauer, North Carolina A&T State
 Czamille Wright, North Carolina A&T State
 Jewel Wright, North Carolina A&T State
 Bryanna Berish, Gardner-Webb
 Mallory Blessing, Gardner-Webb
 Victoria Bryant, Gardner-Webb
 Rachel Glenn, Gardner-Webb
 Leslie Hallquist, Gardner-Webb
 Whitney Hooley, Gardner-Webb
 Corey Hughey, Gardner-Webb
 Elizabeth Ketterer, Gardner-Webb
 Carrie Kibler, Gardner-Webb
 Kelly Learned, Gardner-Webb
 Beth Long, Gardner-Webb
 Sarah Mathis, Gardner-Webb
 Jaime McSteen, Gardner-Webb
 Isabel Olivas, Gardner-Webb
 Lindsay Palmer, Gardner-Webb
 Erin Pledger, Gardner-Webb
 Heather Roka, Gardner-Webb
 Kristen Sellers, Gardner-Webb
 Megan Sheets, Gardner-Webb
 Sarah Steadman, Gardner-Webb
 Sarah Stokes, Gardner-Webb
 Rachel Warkentin, Gardner-Webb
 Grace Whiteside, Gardner-Webb
 Ginny Yergler, Gardner-Webb
 Omega Menders, Florida A&M University
 Brittany Wade, Florida A&M University
 Kirsten Allen, Davidson
 Linnea Buttermore, Davidson
 Kelsey Chisholm, Davidson
 Martha Culp, Davidson
 Jessica Delgehausen, Davidson
 Casey Gemunder, Davidson
 Lindsey Martin, Davidson
 Stephanie Mckinney, Davidson
 Alanna Ream, Davidson
 Alexa Richardson, Davidson
 Courtney Sanders, Davidson
 Leslie Sherrill, Davidson
 Ineke Stegger, Davidson
 Madeline Stough, Davidson
 Anna Stringfield, Davidson

MOST OUTSTANDING SWIMMER OF THE YEAR

Viktoria Hyddmark, Florida Gulf Coast

MOST OUTSTANDING DIVER OF THE YEAR

Emiley Eisenhower, North Florida

MOST OUTSTANDING FRESHMAN PERFORMER OF THE YEAR

Viktoria Hyddmark, Florida Gulf Coast

SWIMMING COACH OF THE YEAR

John Young, Davidson

DIVING COACH OF THE YEAR

Melissa Hyams, North Florida

SWIMMERS OF THE WEEK

Oct. 10 AMY WHAREN, Sr., Radford
 Oct. 17 ALI CAMPBELL, Fr., Georgia Southern
 Oct. 24 LINDSEY MARTIN, Fr., Davidson
 Oct. 30 VIKTORIA HYDDMARK, Fr., FGCU
 Nov. 6 CAROLINE POLING, Jr., North Florida
 Nov. 13 HEATHER ROKA, Sr., Gardner-Webb
 Nov. 20 ELIZABETH KETTERER, Fr., Gardner-Webb
 Dec. 4 LINDSEY MARTIN, Fr., Davidson
 Dec. 11 NZINGHA MURPHY, Jr., Howard
 Jan. 8 RACHAEL REIN, Fr., Florida Gulf Coast
 Jan. 15 COURTNEY MARTZ, So., Georgia Southern
 Jan. 22 RACHAEL REIN, Fr., Florida Gulf Coast
 Jan. 15 COURTNEY MARTZ, So., Georgia Southern
 Feb. 5 ANNA STRINGFIELD, Fr., Davidson
 Feb. 12 HEIDI SHALLOW, Jr., Campbell

DIVERS OF THE WEEK

Oct. 17 STEFFI SHECKLER, Fr., Georgia Southern
 Oct. 24 EMILY EISENHOWER, Fr., North Florida
 Oct. 30 CASSANDRA SMITH, Fr., Georgia Southern
 Nov. 6 EMILY EISENHOWER, Jr., North Florida
 Nov. 13 PIPER MCCORD, Sr., College of Charleston
 Nov. 20 DEBBIE RAPOZA, Jr., North Florida
 Dec. 4 DEBBIE RAPOZA, Jr., North Florida
 Jan. 8 NIKKI HUTCHISON, Jr., Georgia Southern
 Jan. 15 KATIE CREIGHTON, Jr., Georgia Southern
 Jan. 22 EMILEY EISENHOWER, Jr., North Florida
 Jan. 29 KELSEY CHISHOLM, So., Davidson

NCAA QUALIFYING (B STANDARD)

100 YARD FREESTYLE

50:82 Lindsey Martin, Davidson

1650 YARD FREESTYLE

16:51.24 Courtney Gallo, FGCU

200 YARD BACKSTROKE

2:00.69 Viktoria Hyddmark, FGCU

COLLEGESWIMMING.COM MID MAJOR POLL

12. Davidson College178.26
 24. Florida Gulf Coast172.59

CCSA WOMEN'S SWIMMING & DIVING

ALL-TIME TOP TIMES

50 YARD FREESTYLE

23.53	Lindsey Martin	Davidson	2007-08
23.98	Corey Hughey	Gardner-Webb	2007-08
23.99	Courtney Martz	Georgia Southern	2007-08
24.06	Brittany Fieldson	College of Charleston	2007-08
24.22	Nzingha Murphy	Howard	2007-08
24.28	Emily Castle	Davidson	2007-08
24.39	Ashlyn Stumpf	Campbell	2007-08
24.41	Courtney Sanders	Davidson	2007-08
24.42	Kirsten Allen	Davidson	2007-08
24.43	Jennifer Clayton	Georgia Southern	2007-08

100 YARD FREESTYLE

50.82	Lindsey Martin	Davidson	2007-08
51.99	Rachael Rein	Florida Gulf Coast	2007-08
52.26	Corey Hughey	Gardner-Webb	2007-08
52.70	Courtney Sanders	Davidson	2007-08
52.99	Courtney Martz	Georgia Southern	2007-08
53.09	Brittany Fieldson	College of Charleston	2007-08
53.12	Emily Castle	Davidson	2007-08
53.22	Amanda Gerdeman	Georgia Southern	2007-08
53.24	Kirsten Allen	Davidson	2007-08
53.26	Caroline Bevilard	Georgia Southern	2007-08

200 YARD FREESTYLE

1:52.45	Lyn Ann Nelson	North Florida	2007-08
1:52.92	Lindsey Martin	Davidson	2007-08
1:52.93	Anna Stringfield	Davidson	2007-08
1:52.99	Grace Whiteside	Gardner-Webb	2007-08
1:53.06	Jessica Delgehausen	Davidson	2007-08
1:53.55	Rachael Rein	Florida Gulf Coast	2007-08
1:53.73	Megan Boudreau	North Florida	2007-08
1:54.08	Elizabeth Ketterer	Gardner-Webb	2007-08
1:54.35	Kelly Gueltig	Gardner-Webb	2007-08
1:55.01	Viktoria Hyddmark	FGCU	2007-08

500 YARD FREESTYLE

4:55.63	Courtney Gallo	Florida Gulf Coast	2007-08
4:58.40	Heather Roka	Gardner-Webb	2007-08
4:59.70	Elizabeth Ketterer	Gardner-Webb	2007-08
5:00.02	Alanna Ream	Davidson	2007-08
5:01.91	Lyn Ann Nelson	North Florida	2007-08
5:02.23	Taylor Cooke	Florida Gulf Coast	2007-08
5:02.32	Jessica Delgehausen	Davidson	2007-08
5:02.79	Kelly Gueltig	Gardner-Webb	2007-08
5:04.20	Grace Whiteside	Gardner-Webb	2007-08
5:04.98	Sara Gardocki	College of Charleston	2007-08

1000 YARD FREESTYLE

10:17.74	Courtney Gallo	Florida Gulf Coast	2007-08
10:23.54	Elizabeth Ketterer	Gardner-Webb	2007-08
10:24.60	Heather Roka	Gardner-Webb	2007-08
10:30.30	Taylor Cooke	Florida Gulf Coast	2007-08
10:30.87	Sarah Gardocki	College of Charleston	2007-08
10:30.88	Lyn Ann Nelson	North Florida	2007-08
10:32.16	Caitlin Sheetz	Davidson	2007-08
10:34.77	Alanna Ream	Davidson	2007-08
10:35.20	Anna Stringfield	Davidson	2007-08
10:36.91	Jessica Delgehausen	Davidson	2007-08

1650 YARD FREESTYLE

16:51.24	Courtney Gallo	Florida Gulf Coast	2007-08
17:05.94	Elizabeth Ketterer	Gardner-Webb	2007-08
17:08.63	Alanna Ream	Davidson	2007-08
17:16.11	Heather Roka	Gardner-Webb	2007-08
17:19.66	Sara Gardocki	College of Charleston	2007-08
17:26.54	Taylor Cooke	Florida Gulf Coast	2007-08
17:32.21	Caitlin Sheetz	Davidson	2007-08
17:40.75	Ali Campbell	Georgia Southern	2007-08
17:44.49	Laura Brichler	College of Charleston	2007-08
17:56.74	Heather Jones	Georgia Southern	2007-08

100 YARD BREASTSTROKE

1:05.54	Stepheni Stadnik	Gardner-Webb	2007-08
1:05.90	Heidi Shallow	Campbell	2007-08
1:06.55	Mackenzie Garrot	Georgia Southern	2007-08
1:06.88	Catrina Silveira	Florida Gulf Coast	2007-08
1:07.09	Rae-Lynn Sheffield	Florida Gulf Coast	2007-08
1:07.23	Ashley White	Georgia Southern	2007-08
1:07.41	Krysten Nemecek	North Florida	2007-08
1:07.87	Caroline Curtiss	Davidson	2007-08
1:08.01	Kristin Butts	Georgia Southern	2007-08
1:08.18	Cassie Tubb	College of Charleston	2007-08

200 YARD BREASTSTROKE

2:19.74	Heidi Shallow	Campbell	2007-08
2:23.64	Isabel Olivas	Gardner-Webb	2007-08
2:24.13	Krysten Nemecek	North Florida	2007-08
2:24.37	Catrina Silveira	Florida Gulf Coast	2007-08
2:24.67	Mackenzie Garrott	Georgia Southern	2007-08
2:24.99	Cassie Tubb	College of Charleston	2007-08
2:25.23	Ineke Stegger	Davidson	2007-08
2:25.58	Ashley White	Georgia Southern	2007-08
2:26.03	Stepheni Stadnik	Gardner-Webb	2007-08
2:26.98	Mallory Baxter	Gardner-Webb	2007-08

100 YARD BUTTERFLY

57.37	Whitney Hooley	Gardner-Webb	2007-08
57.45	Caroline Poling	North Florida	2007-08
57.62	Emily Castle	Davidson	2007-08
57.88	Patricia Lanoue	North Florida	2007-08
57.91	Courtney Sanders	Davidson	2007-08
58.12	Cori Lallier	Florida Gulf Coast	2007-08
58.49	Viktoria Hyddmark	Florida Gulf Coast	2007-08
58.77	Rachel Warkentin	Gardner-Webb	2007-08
58.90	Morgan Hall	College of Charleston	2007-08
59.00	Jessica Totten	Davidson	2007-08

200 YARD BUTTERFLY

2:05.69	Cori Lallier	Florida Gulf Coast	2007-08
2:07.70	Caroline Poling	North Florida	2007-08
2:07.80	Patricia Lanoue	North Florida	2007-08
2:08.34	Courtney Gallo	Florida Gulf Coast	2007-08
2:09.62	Heather Roka	Gardner-Webb	2007-08
2:09.83	Leslie Hallquist	Gardner-Webb	2007-08
2:09.89	Casey Gemunder	Davidson	2007-08
2:10.52	Diana Granville	Florida Gulf Coast	2007-08
2:10.68	Meredith Fehr	Georgia Southern	2007-08
2:10.71	Madeline Parra	Davidson	2007-08

CCSA WOMEN'S SWIMMING & DIVING

ALL-TIME TOP TIMES

100 YARD BACKSTROKE

57.06	Viktoria Hyddmark	Florida Gulf Coast	2007-08
58.02	Whitney Hooley	Gardner-Webb	2007-08
58.10	Corey Hughey	Gardner-Webb	2007-08
58.40	Lindsay Goodman	Georgia Southern	2007-08
58.62	Courtney Martz	Georgia Southern	2007-08
58.97	Sarah Steadman	Gardner-Webb	2007-08
59.23	Rachael Rein	Florida Gulf Coast	2007-08
59.78	Megan Sayles	College of Charleston	2007-08
1:00.00	Lindsey Martin	Davidson	2007-08
1:00.29	Emily Shaw	North Florida	2007-08

200 YARD BACKSTROKE

2:00.69	Viktoria Hyddmark	Florida Gulf Coast	2007-08
2:03.29	Whitney Hooley	Gardner-Webb	2007-08
2:05.13	Rachel Rein	Florida Gulf Coast	2007-08
2:06.13	Anna Stringfield	Davidson	2007-08
2:06.39	Grace Whiteside	Gardner-Webb	2007-08
2:06.99	Lindsay Goodman	Georgia Southern	2007-08
2:07.38	Sarah Steadman	Gardner-Webb	2007-08
2:07.61	Katie Oke	Florida Gulf Coast	2007-08
2:07.69	Courtney Martz	Georgia Southern	2007-08
2:08.54	Emily Shaw	North Florida	2007-08

200 YARD INDIVIDUAL MEDLEY

2:07.45	Viktoria Hyddmark	Florida Gulf Coast	2007-08
2:07.66	Rachael Rein	Florida Gulf Coast	2007-08
2:08.12	Anna Stringfield	Davidson	2007-08
2:08.31	Katie Oke	Florida Gulf Coast	2007-08
2:08.71	Heidi Shallow	Campbell	2007-08
2:09.24	Ineke Stegger	Davidson	2007-08
2:10.48	Ashley White	Georgia Southern	2007-08
2:10.51	Sarah Steadman	Gardner-Webb	2007-08
2:10.69	Rae-Lynn Sheffield	Florida Gulf Coast	2007-08
2:11.68	Isa Olivas	Gardner-Webb	2007-08

400 YARD INDIVIDUAL MEDLEY

4:28.42	Anna Stringfield	Davidson	2007-08
4:29.50	Katie Oke	Florida Gulf Coast	2007-08
4:30.30	Heather Roka	Gardner-Webb	2007-08
4:34.41	Ineke Stegger	Davidson	2007-08
4:34.77	Lindsay Goodman	Georgia Southern	2007-08
4:35.19	Cori Lallier	Florida Gulf Coast	2007-08
4:36.39	Lyn Ann Nelson	North Florida	2007-08
4:37.34	Johanna Mellis	College of Charleston	2007-08
4:37.90	Carrie Kibler	Gardner-Webb	2007-08
4:38.34	April Coyne	College of Charleston	2007-08

1-METER DIVE

308.95	Emily Eisenhower	North Florida	2007-08
301.30	Debbie Rapoza	North Florida	2007-08
247.73	Karmin McNamara	Florida Gulf Coast	2007-08
234.90	Sarah McCollough	Florida Gulf Coast	2007-08
234.30	Kelsey Chisholm	Davidson	2007-08
223.50	Piper McCord	College of Charleston	2007-08
219.50	Gaby Shaw	Florida Gulf Coast	2007-08
218.95	Linnea Buttermore	Davidson	2007-08
213.90	Stephannie McKinney	Davidson	2007-08
207.15	Steffi Sheckler	Georgia Southern	2007-08

3-METER DIVE

366.55	Emily Eisenhower	North Florida	2007-08
284.75	Debbie Rapoza	North Florida	2007-08
244.27	Sarah McCollough	Florida Gulf Coast	2007-08
243.90	Karmin McNamara	Florida Gulf Coast	2007-08
237.37	Kelsey Chisholm	Davidson	2007-08
221.17	Stephannie McKinney	Davidson	2007-08
216.55	Gaby Shaw	Florida Gulf Coast	2007-08
213.30	Nikki Hutchison	Georgia Southern	2007-08
212.65	Steffi Sheckler	Georgia Southern	2007-08
210.15	Linnea Buttermore	Davidson	2007-08

200 YARD FREESTYLE RELAY

1:35.65	Georgia Southern	2007-08
1:36.35	Davidson	2007-08
1:36.85	Gardner-Webb	2007-08
1:37.50	College of Charleston	2007-08
1:38.13	Florida Gulf Coast	2007-08
1:38.32	North Florida	2007-08
1:38.59	Howard	2007-08
1:39.49	Campbell	2007-08
1:43.00	Radford	2007-08
1:44.02	North Carolina A&T	2007-08

400 YARD FREESTYLE RELAY

3:28.52	Davidson	2007-08
3:30.22	Gardner-Webb	2007-08
3:30.94	Georgia Southern	2007-08
3:31.09	Florida Gulf Coast	2007-08
3:33.79	North Florida	2007-08
3:34.19	College of Charleston	2007-08
3:36.49	Campbell	2007-08
3:39.81	Howard	2007-08
3:46.59	Radford	2007-08
4:08.68	North Carolina A&T	2007-08

800 YARD FREESTYLE RELAY

7:34.87	Davidson	2007-08
7:36.89	Florida Gulf Coast	2007-08
7:40.35	Gardner-Webb	2007-08
7:46.76	North Florida	2007-08
7:51.61	College of Charleston	2007-08
7:53.22	Georgia Southern	2007-08
8:01.01	Campbell	2007-08
8:19.71	Radford	2007-08
10:10.72	VMI	2007-08

200 YARD MEDLEY RELAY

1:46.10	Gardner-Webb	2007-08
1:46.48	Florida, Gulf Coast	2007-08
1:47.45	Georgia Southern	2007-08
1:49.12	Davidson	2007-08
1:50.33	North Florida	2007-08
1:50.84	College of Charleston	2007-08
1:51.56	Campbell	2007-08
1:52.75	Howard	2007-08
1:54.61	North Carolina A&T	2007-08
1:56.18	Radford	2007-08

400 YARD MEDLEY RELAY

3:51.88	Florida Gulf Coast	2007-08
3:53.42	Gardner-Webb	2007-08
3:54.87	Georgia Southern	2007-08
3:58.67	Davidson	2007-08
3:59.39	North Florida	2007-08
4:01.02	College of Charleston	2007-08
4:02.25	Campbell	2007-08
4:06.15	Georgia Southern	2007-08
4:13.37	Radford	2007-08
4:13.54	Howard	2007-08

ALL-TIME WOMEN'S SWIMMING & DIVING ANNUAL CCSA CHAMPIONS

50 YARD FREESTYLE			
2008	Lindsey Martin	Davidson	23.62
100 YARD FREESTYLE			
2008	Lindsey Martin	Davidson	51.12
200 YARD FREESTYLE			
2008	Lyn Ann Nelson	North Florida	1:52.45
500 YARD FREESTYLE			
2008	Courtney Gallo	Florida Gulf Coast	4:58.76
1650 YARD FREESTYLE			
2008	Courtney Gallo	Florida Gulf Coast	16:56.58
100 YARD BREASTSTROKE			
2008	Stepheni Stadnik	Gardner-Webb	1:05.54
200 YARD BREASTSTROKE			
2008	Heidi Shallow	Campbell	2:20.58
100 YARD BUTTERFLY			
2008	Whitney Hooley	Gardner-Webb	57.37
200 YARD BUTTERFLY			
2008	Cori Lallier	Florida Gulf Coast	2:06.46
100 YARD BACKSTROKE			
2008	Viktoria Hyddmark	Florida Gulf Coast	57.11

200 YARD BACKSTROKE			
2008	Viktoria Hyddmark	Florida Gulf Coast	2:00.69
200 YARD INDIVIDUAL MEDLEY			
2008	Viktoria Hyddmark	Florida Gulf Coast	2:07.45
400 YARD INDIVIDUAL MEDLEY			
2008	Anna Stringfield	Davidson	4:28.42
1-METER DIVE			
2008	Emily Eisenhower	North Florida	236.25
3-METER DIVE			
2008	Emily Eisenhower	North Florida	266.90
200 YARD FREESTYLE RELAY			
2008	Georgia Southern		1:35.65
400 YARD FREESTYLE RELAY			
2008	Davidson		3:28.52
800 YARD FREESTYLE RELAY			
2008	Davidson		7:36.75
200 YARD MEDLEY RELAY			
2008	Gardner-Webb		1:46.10
400 YARD MEDLEY RELAY			
2008	Florida Gulf Coast		3:51.88



CCSA WOMEN'S SWIMMING & DIVING YEAR-BY-YEAR BEST PERFORMANCES

50 YARD FREESTYLE			
2008	Lindsey Martin	Davidson	23.53
100 YARD FREESTYLE			
2008	Lindsey Martin	Davidson	50.82
200 YARD FREESTYLE			
2008	Lyn Ann Nelson	North Florida	1:52.45
500 YARD FREESTYLE			
2008	Courtney Gallo	Florida Gulf Coast	4:55.63
1000 YARD FREESTYLE			
2008	Courtney Gallo	Florida Gulf Coast	10:17.74
1650 YARD FREESTYLE			
2008	Courtney Gallo	Florida Gulf Coast	16:51.24
100 YARD BREASTSTROKE			
2008	Stepheni Stadnik	Gardner-Webb	1:05.54
200 YARD BREASTSTROKE			
2008	Heidi Shallow	Campbell	2:19.74
100 YARD BUTTERFLY			
2008	Whitney Hooley	Gardner-Webb	57.37
200 YARD BUTTERFLY			
2008	Cori Lallier	Florida Gulf Coast	2:05.69
100 YARD BACKSTROKE			
2008	Viktoria Hyddmark	Florida Gulf Coast	57.06

200 YARD BACKSTROKE			
2008	Viktoria Hyddmark	Florida Gulf Coast	2:00.69
200 YARD INDIVIDUAL MEDLEY			
2008	Viktoria Hyddmark	Florida Gulf Coast	2:07.45
400 YARD INDIVIDUAL MEDLEY			
2008	Anna Stringfield	Davidson	4:28.42
1-METER DIVE			
2008	Emily Eisenhower	North Florida	308.95
3-METER DIVE			
2008	Emily Eisenhower	North Florida	366.55
200 YARD FREESTYLE RELAY			
2008	Georgia Southern		1:35.65
400 YARD FREESTYLE RELAY			
2008	Davidson		3:28.52
800 YARD FREESTYLE RELAY			
2008	Davidson		7:34.87
200 YARD MEDLEY RELAY			
2008	Gardner-Webb		1:46.10
400 YARD MEDLEY RELAY			
2008	Florida Gulf Coast		3:51.88



WOMEN'S SWIMMING & DIVING

CCSA EVENT RECORDS

50 Yard Freestyle

CCSA Record
Lindsey Martin, Davidson23.53 12-16-07

Championship Meet Record
Lindsey Martin, Davidson23.62 2-21-08

100 Yard Freestyle

CCSA Record
Lindsey Martin, Davidson50.82 12-1-07

Championship Meet Record
Lindsey Martin, Davidson51.12 2-23-08

200 Yard Freestyle

CCSA Record
Lyn Ann Nelson, North Florida1:52.45 2-22-08

Championship Meet Record
Lyn Ann Nelson, North Florida1:52.45 2-22-08

500 Yard Freestyle

CCSA Record
Courtney Gallo, Florida Gulf Coast4:55.63 12-1-07

Championship Meet Record
Courtney Gallo, Florida Gulf Coast4:58.76 2-21-08

1000 Yard Freestyle

CCSA Record
Courtney Gallo, Florida Gulf Coast10:17.74 11-31-07

Championship Meet Record
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1650 Yard Freestyle

CCSA Record
Courtney Gallo, Florida Gulf Coast16:51.24 11-29-07

Championship Meet Record
Courtney Gallo, Florida Gulf Coast16:56.58 2-23-08

100 Yard Breaststroke

CCSA Record
Stepheni Stadnik, Gardner-Webb1:05.54 2-22-08

Championship Meet Record
Stepheni Stadnik, Gardner-Webb1:05.54 2-22-08

200 Yard Breaststroke

CCSA Record
Heidi Shallow, Campbell2:19.74 2-23-08

Championship Meet Record
Heidi Shallow, Campbell2:19.74 2-23-08

100 Yard Butterfly

CCSA Record
Whitney Hooley, Gardner-Webb57.37 2-22-08

Championship Meet Record
Whitney Hooley, Gardner-Webb57.37 2-22-08

200 Yard Butterfly

CCSA Record
Cori Lallier, Florida Gulf Coast2:05.69 11-30-07

Championship Meet Record
Cori Lallier, Florida Gulf Coast2:06.46 2-23-08

100 Yard Backstroke

CCSA Record
Viktoria Hyddmark, FGCU57.06 2-22-08

Championship Meet Record
Viktoria Hyddmark, FGCU57.06 2-22-08

200 Yard Backstroke

CCSA Record
Viktoria Hyddmark, FGCU2:00.69 2-23-08

Championship Meet Record
Viktoria Hyddmark, FGCU2:00.69 2-23-08

200 Yard Individual Medley

CCSA Record
Viktoria Hyddmark, Florida Gulf Coast2:07.45 2-21-08

Championship Meet Record
Viktoria Hyddmark, Florida Gulf Coast2:07.45 2-21-08

400 Yard Individual Medley

CCSA Record
Anna Stringfield, Davidson4:28.42 2-22-08

Championship Meet Record
Anna Stringfield, Davidson4:28.42 2-22-08

1-Meter Dive

CCSA Record
Emily Eisenhower, North Florida308.95 11-6-07

Championship Meet Record
Emily Eisenhower, North Florida236.25 2-21-08

3-Meter Dive

CCSA Record
Emily Eisenhower, North Florida366.55 11-6-07

Championship Meet Record
Emily Eisenhower, North Florida266.90 2-23-08

200 Yard Freestyle Relay

CCSA Record
Georgia Southern1:35.65 2-21-08

Championship Meet Record
Georgia Southern1:35.65 2-21-08

400 Yard Freestyle Relay

CCSA Record
Davidson3:28.52 2-23-08

Championship Meet Record
Davidson3:28.52 2-23-08

800 Yard Freestyle Relay

CCSA Record
Davidson7:34.87 11-29-07

Championship Meet Record
Davidson7:36.75 2-22-08

200 Yard Medley Relay

CCSA Record
Gardner-Webb1:46.10 2-22-08

Championship Meet Record
Gardner-Webb1:46.10 2-22-08

400 Yard Medley Relay

CCSA Record
Florida Gulf Coast3:51.88 2-21-08

Championship Meet Record
Florida Gulf Coast3:51.88 2-21-08